

Will you join us?

Jesus was asked why His disciples were not fasting regularly. He said "The time will come when the bridegroom [Jesus] will be taken from them; **then they will fast.**" Matt. 9:15 And they did.

Moses also sought God earnestly in fasting to save the Israelites from being destroyed. And God answered His prayer and the entire nation was turned back to God. (Deut. 9)

Fasting in the bible refers to a restraint from food for a specific time. The more regularly we do it, the easier it tends to become. The early Christians fasted weekly. The apostle Paul was in fastings often. Jesus said that His disciples would fast when He was gone. Jesus fasted. David fasted. Moses fasted. Daniel fasted. These are some of the people in the Bible who fasted and sought God earnestly. (Dt. 9, Acts 13:2;14:23; Mt. 4)

Virtually every revival and spiritual awakening throughout history began with people uniting in fasting with prayer.

Can you imagine a thousand people in prayer and fasting, petitioning God for the same thing, consistently, in your regions?



A physical benefit of fasting is improved arthritis for some people.

Our Vision

To see revival come in the midst of unprecedented prayer and fasting

Who We Are

We are a nonprofit interdenominational organization committed to growing Christians in repentance, prayer, fasting and evangelism.

What We Do

Our purpose is to exhort and encourage Christians to join together in prayer and fasting for the glory of God and for the sake of our children and nation.

If you ask anything according to my will,
I will do it. 1 Jn. 5:14



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Fasting Guide: What to do when you fast



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Lighting the Fire of Revival

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Fasting Guide: What to do when you fast

Greater obedience results in greater blessing.



Ask and you shall receive and your joy will be complete. Jn 16:24

Take your regular mealtimes or another scheduled time to pray and spend time with the Lord.

- **Spend time in praise and prayer with God.**
- **Read through & pray these requests for the nation, for our communities and loved ones: Jeremiah 33:3**
- Commit to pray through these requests regularly.
- Call someone and pray with them. There is power in united prayer as well. Encourage them to fast as well.
- Minister to the LORD. Praise God and spend time in fellowship with Him.
- As you continue fasting, you will become more sensitive to God's voice.
- Go ahead and do your normal activities during the day except take additional time to seek God, and pray.

When Jesus' disciples brought Jesus food while He was talking to the woman at the well, He said He had food that they knew nothing about. "My food," said Jesus, "is to do the will of Him who sent Me and to finish His work." John 4:28-34

Prayer Requests:

To Love God First: Confess the sins of our nation and personal sins. Confession of sin leads to God's mercy and help.

Ask that people in our communities, state and nation will rise up in righteousness and turn away from sin; that we will love God with all of our heart, mind and soul. Ask God to bring repentance and a turning back to Him for His glory.

Unity of faith in Christ: that a spirit of intercession will increase upon believers, and for God to awaken the body of Christ, united in mission and prayer.

Leaders: of the nation to be convicted of sin and righteousness as needed; for God's salvation, mercy and forgiveness of our sins. (Jn 16:8)

Salvation of unbelievers: that God will do whatever it takes to bring the lost to a saving knowledge of Jesus Christ; and the body of Christ will reach out with compassion to draw them.



Together in prayer we can affect a nation!

Pour Out His Spirit on us: that God will change our hearts and lives with His Presence and that we will be open to the ways He reveals Himself to us.

Ministry: that we as believers will use our gifts effectively and willingly, and be led by the Spirit.

Your Own Needs: Lay your own needs before God as well.

We know these requests are the will of God. We know that we have what we have asked for when we pray for them.

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Fasting with prayer is an effective tool for changing our own lives, communities and nation.

Every Christian can pray 1/2 hour a day. Challenge yourself. You will be blessed.

